



Short-term International Mentoring

Background

International experience plays an essential role in the success of a scientific career and is mentioned again and again in tenders as a decision criterion. 'Short-term International Mentoring' can be viewed as an instrument and as a conscious step in career planning for female scientists, as a reflecting tool on one's own career goals and for commencing strategic steps on the road to success, especially to establish the fundament for an international network.

Target group

Female doctoral and postdoctoral researchers in research networks

Objectives

- Strategic career planning
- Career development for a scientific career
- International networking

Methods

- International mentoring stay (4-8 weeks)
- Strategic career advice
- Coaching
- Training
- Access to international networks

Procedure

Interested parties receive advice and information at a first meeting at the equal opportunity office. Here, the mentee's expectations of mentoring are also addressed.

The mentee submits a letter of application containing the following documents to the research network:

- Motivation letter, expectations and goals
- Agreement of the mentor from abroad
- Promise of support from the advisor
- Budget proposal

On approval, the mentee can use the following resources:

- Strategic career counselling (in the equal opportunity office or externally)
- International mentoring stay
- Participation in supporting events



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After the stay abroad, the mentee prepares a short final report in which she reflects on the significance of the measure for the further course of their career. Upon completion of the measure, the mentee receives a certificate of participation in the international mentoring program.

Expected costs

Per participant max. 3000 EUR (travel expenses, workshop and coaching fees, accommodation if necessary, always according to proportionality). Longer mentoring stays are also possible but can only be financed up to the maximum funding amount from the equal opportunity funds.

Contact

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